

Reflection: Conflict Handling Style

Please complete the Conflict Self-Assessment questionnaire on the pdf form and score your answers as directed. Then, answer the questions below for discussion.

Please write your scores for each of the conflict handling styles below:

Yielding	
Compromising	
Forcing	
Problem Solving	
Avoiding	

Please reflect in a few sentences, the answers to the following questions:

1) What style was your highest? Do you think that style is your preferred way of handling conflict? Does it work for you in most situations?

2) Would you like to be stronger in a style you had a lower score in? If so, which one or ones would you like to develop?